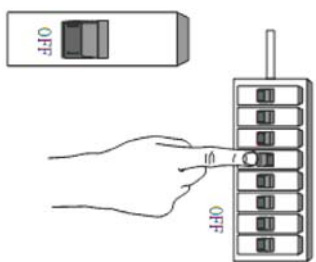
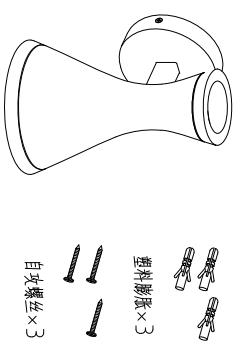
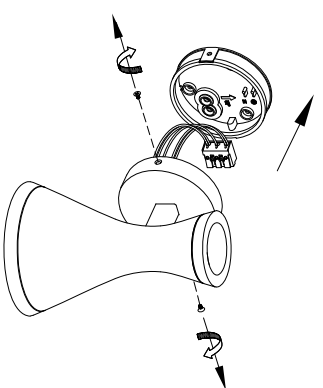


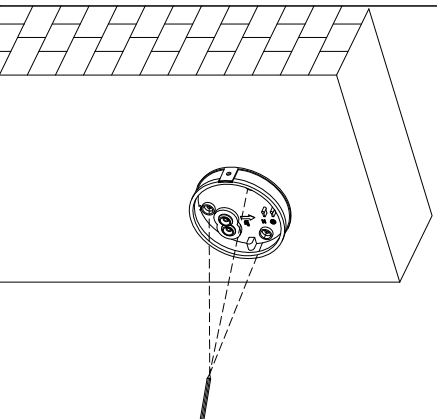
補血の要



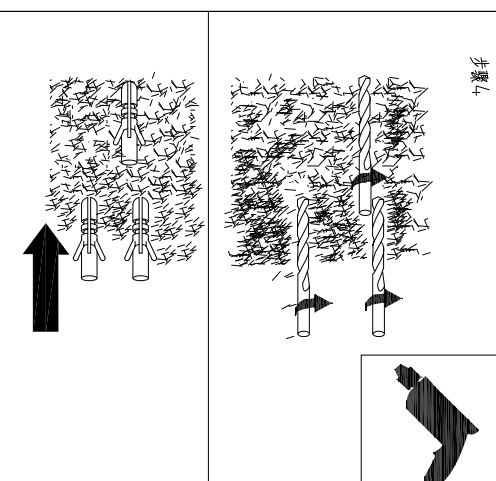
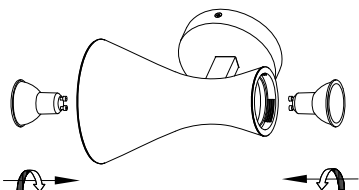
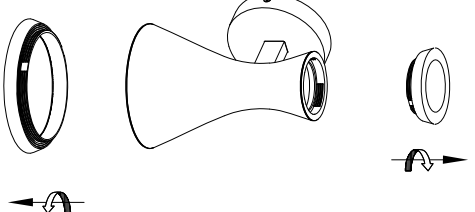
步骤1



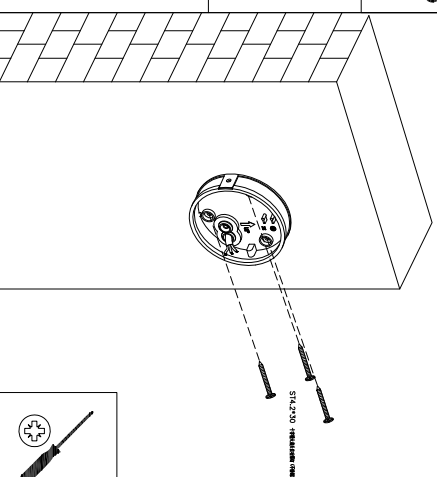
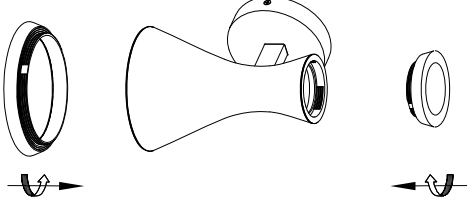
步骤2



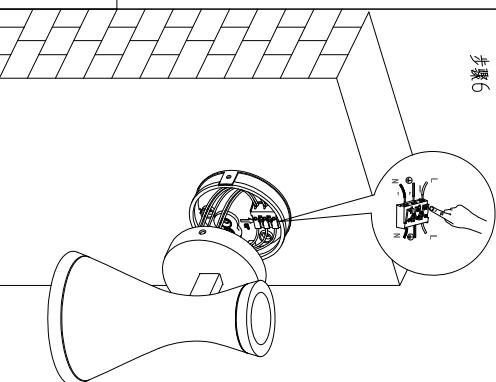
步骤3



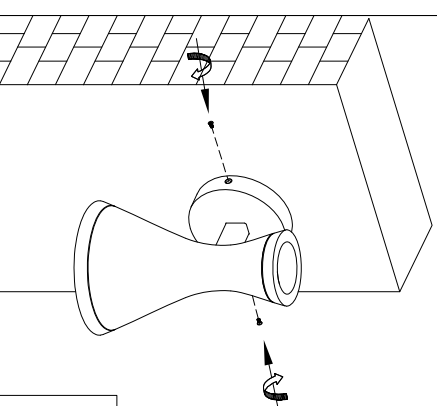
步骤4



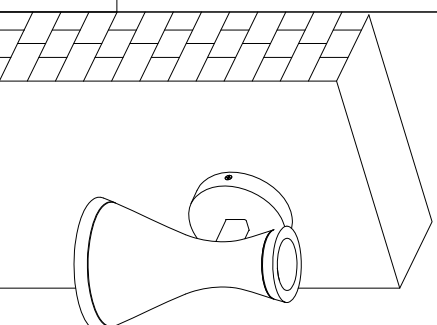
步驟5



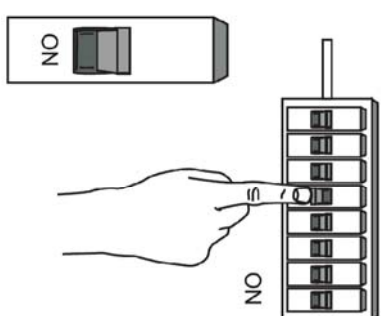
步驟6



步骤7



步骤8



步驟9